

BASEM Revision Course for FSEM Diploma in Team Care

SAMPLE PROGRAMME

Introduction to exam, exam format
Clinical Governance and Safe and Effective Practice
Duties of the Medical Team: Travelling with a team
Specific Athlete Groups: Female Athlete, Sex based categorisation in sport, Transgender
Specific Athlete Groups: Older Athlete, Retiring and Retired Athletes
Specific Athlete Group: Paediatric
Para Athletes
Specific Health Conditions: Mental Health and Wellbeing
Specific Health Conditions: Sport Related Concussion
Specific Health Conditions: Principles of Injury management and rehabilitation
Specific Health Conditions: Performance threat management related to health conditions, Effect of exercise on immune health, inflammation, and recovery strategies
Interdisciplinary Working
Duties of a Medical Team: Event Planning
Athlete monitoring, profiling and screening for health and performance
Q&A