

	Team Care - Stream 1 & Keynotes 📍 New Dock Hall	MSK - Stream 2 📍 Bury Theatre - G Floor
08:00 - 08:45	Registration and Coffee	
08:45 - 09:00	Conference Chair Overview - Prof Dane Vishnubala	
09:00 - 10:00	KEYNOTE - REHABILITATION: THE PAST, PRESENT AND FUTURE - Dr Enda King	
10:00 - 10:50	Coffee Break - Royal Armouries Hall	
10:50 - 12:15 Session 1	PANEL DEBATE HEAD ACCELERATIONS, HEAD IMPACTS & CONCUSSION: FROM MEASUREMENT TO CLINICAL MANAGEMENT TO PREVENTION Session Chair: Prof. Ben Jones A Data Driven Approach to Reducing Concussion, Head Accelerations and Head Impacts; Now and the Future - Prof Ross Tucker Longer-Term Brain Health Risks and Prevention Opportunities for Athletes - Ass Prof Andrew Gardner Optimising Head Injury Management and Prevention in the Real-World on the Road - Dr Adrian Rotunno Panel Discussion also including: Dr Simon Kemp, Mr Jamie Jones-Buchanan MBE, Dr Anna Stodter	CURRENT & FUTURE DIRECTION OF HIP & GROIN INJURIES Session Chair: Dr Enda King Groin Injuries - Acute Rehabilitation - Mr Dermot Simpson Chronic Rehabilitation - Dr Enda King Surgery vs No Surgery - An Anatomy-Driven Approach to Groin Pain in Athletes - Prof Ernest Schilders The Role of Imaging and Imaging-Guided Interventions in Nerve-Related Groin Pain - Prof Rowena Johnson
12:15 - 13:15	Lunch - Royal Armouries Hall	
13:15 - 14:45 Session 2	AI LITERACY FOR THE TEAM PHYSICIAN: FROM CRITICAL EVALUATION TO ENHANCED ATHLETE CARE Session Chair: Dr Karin VanBaak Demystifying AI: How Models are Built and Trained - Dr Karin VanBaak Driving the Tool: Prompt Engineering and Advanced Applications - Mr Ed VanBaak Navigating Bias and Ethical AI Integration - Dr Karin VanBaak Physical Activity in Pregnancy: A Neglected Priority - Dr Liza Pekošak AI in Your Locker Room - Interactive Exercise and Facilitated Q&A Discussion	CURRENT & FUTURE DIRECTION OF CALF MUSCLE INJURIES Session Chair: Dr Enda King Timing Return to Running After a Calf Muscle Strain Injury - Mr Evan Jeanguyot Key Components to Consider in Calf Injury Rehabilitation - Mr Simon Wallace Current and Future Directions of Calf Muscle Imaging - Dr Gajan Rajeswaran
14:45 - 15:30	Coffee Break - Royal Armouries Hall	
15:30 - 17:00 Session 3	INTERNATIONAL PANEL DISCUSSION - SEM ACROSS THE WORLD Session Chair: Prof Dane Vishnubala Panel Includes - Dr Melissa Novak (USA), Dr Adrian Rotunno (South Africa), Ass Prof Diana Robinson (Australia), Dr Upul Madahapola (Sri Lanka), Miss Theodora Papadopoulou (Europe)	PANEL DISCUSSION - PAIN TO PODIUM: OVERCOMING RIB STRESS INJURIES ON THE ROAD TO OLYMPIC GLORY Session Chair: Dr Clodagh Dugdale Panel Includes - Dr Ann Redgrave, Ms Liz Arnold, Ms Hannah Scott MBE
19:15 - 00:00	BASEM CONFERENCE DINNER - NEW DOCK HALL SIR ROGER BANNISTER & DAVID HEMERY AWARDS & AFTER DINNER ENTERTAINMENT FROM MR ALISTAIR BROWNLEE AND MR ANDY GRANT	

	FSEM - Stream 3 Physical Activity in Long-Term Conditions 📍 Newsroom - Level 4	Workshops, Awards & More 📍 Pearl Suite - Level 1, Mobile Lab - Courtyard, Barton Suite - Level 1
08:00 - 08:45		
08:45 - 09:00		
09:00 - 10:00	KEYNOTE - REHABILITATION: THE PAST, PRESENT AND FUTURE - Dr Enda King	
10:00 - 10:50	Coffee Break - Royal Armouries Hall	
10:50 - 12:15 Session 1	A FRESH APPROACH TO PRE-PARTICIPATION SCREENING IN THE GENERAL POPULATION Session Chair: Dr Natasha Jones KEYNOTE: PRE-PARTICIPATION SCREENING AND RISK MANAGEMENT IN PATIENTS WITH LONG-TERM HEALTH CONDITIONS Dr Hamish Reid Moving on From Pre-Participation Screening: A Novel Approach - Dr Davina Deniszczyc Bridging the Gap: Transforming Barriers into Breakthroughs for Physical Activity and Health Collaboration - Ms Annie Holden	10:50 - 12:15 WORKSHOP HANDS-ON CADAVERIC ULTRASOUND GUIDED ACP (PRP) INJECTIONS (A) Mobile Lab - Courtyard Sponsored by: Arthrex Facilitated by: Dr James Hamilton
12:15 - 13:15	Lunch - Royal Armouries Hall	
	12:25 - 13:05 FSEM OUT OF THE BLOCKS MEETING (Lunch provided on Level 1)	12:15 - 13:00 WORKSHOP OPEN DATA IN SPORTS MEDICINE: FROM COLLECTION TO COLLABORATION Facilitated by: Dr Stefan Kluzek, Dr Garrett Bullock (Lunch provided on Level 1)
13:15 - 14:45 Session 2	CARDIAC SCREENING FOR ATHLETES INTERNATIONALLY Session Chair: Prof Sanjay Sharma UK Approach to Cardiac Screening - Past, Present and Future - Prof Sanjay Sharma Highlighting the Facts and Fallacies of SCD and Screening - Prof Aneil Malhotra A New Era for Physical Activity in Hypertrophic Cardiomyopathy - Dr Felicity Hughes, Dr Joyee Basu	13:15 - 14:45 WORKSHOP HANDS-ON CADAVERIC ULTRASOUND GUIDED ACP (PRP) INJECTIONS (B) Mobile Lab - Courtyard Sponsored by: Arthrex Facilitated by: Dr James Hamilton 13:15 - 14:45 BASEM ABSTRACT PODIUM PRESENTATIONS & BASEM RESEARCH BURSARY AWARDS Pearl Suite - Level 1 Facilitated by: Dr Stefan Kluzek
14:45 - 15:30	Coffee Break - Royal Armouries Hall	
15:30 - 17:00 Session 3	PANEL DEBATE - SCREENING BEFORE PHYSICAL ACTIVITY - WHAT'S THE STATE OF PLAY? Session Chair: Dr Rebecca Robinson, Dr Ed Appleby Panel Includes - Dr Hamish Reid, Dr Ashley Ridout, Dr Davina Deniszczyc, Prof Sanjay Sharma	15:30 - 17:00 WORKSHOP CONCUSSION: ADVANCING THE MANAGEMENT AND REHABILITATION, LESSONS LEARNED FROM THE CONCUSSION CLINIC AT ISEH Pearl Suite - Level 1. Sponsored by: Your Brain Health Facilitated by: Mr David Bartlett, Prof Mike Loosemore, Ass Prof James McLoughlin
	CSEM UPDATE Session Chairs: Dr Patrick Wheeler, President of BASEM, Dr Natasha Jones, President of FSEM, Dr Julia Newton, President Elect CSEM	
19:15 - 00:00	BASEM CONFERENCE DINNER - NEW DOCK HALL SIR ROGER BANNISTER & DAVID HEMERY AWARDS & AFTER DINNER ENTERTAINMENT FROM MR ALISTAIR BROWNLEE AND MR ANDY GRANT	

	Team Care - Stream 1 & Keynotes 📍 New Dock Hall	MSK - Stream 2 📍 Bury Theatre - G Floor
07:30 - 08:00	CONFERENCE RUN - 5KM starting and ending in conference venue courtyard	
08:30 - 10:00	Day 2 Badge Registration (New Dock Hall) and Coffee (Royal Armouries Hall)	
08:45 - 09:45 Morning Workshops	THE USE OF AI, TECHNOLOGY, AND RISK GOVERNANCE IN ELITE SPORT Sponsored by: Health Partners Europe Facilitated by: Dr Pippa Bennett, Dr James Brown, Dr Guy Evans, Dr John Rogers, Mrs Lorna Hastings	GETTING THE ST3 GOLDEN TICKET: SPORT & EXERCISE MEDICINE SPECIALIST TRAINING Facilitated by: Prof Dane Vishnubala, Dr Craig Zalecki, Dr Andrew Hogg, Dr Montana Jackson
10:00 - 11:00	KEYNOTE - THE FEMALE ATHLETE IN TRAINING: FROM BODY FAT TO ENERGY DEFICIENCY - Prof Kirsty Elliott-Sale & Prof Karen Birch	
11:00 - 11:30	Coffee Break - Royal Armouries Hall	
11:30 - 13:00 Session 1	PANEL DEBATE PARALYMPIC POLITICS - PAST, PRESENT & FUTURE Session Chair: Dr Pippa Bennet Panel Includes - Dr Anita Biswas, Mr David Clarke OBE PLY, Mr Nik Diaper, Ms Emma Wiggs MBE PLY	GLP-1 RA, MUSCULOSKELETAL HEALTH, AND CLINICAL TRANSLATION Session Chair: Dr Stefan Kluzek Mechanisms of GLP-1–Related Weight Loss and Pain Reduction in Knee Osteoarthritis - Dr Natalie Shur A Practical vs Health Economic Perspective - Prof Wilby Williamson Translating Evidence into Practice: Setting Up GLP-1 and Lifestyle Services in Clinical Care - Dr Sam Botchey
13:00 - 14:00	Lunch - Royal Armouries Hall	
14:00 - 15:30 Session 2	SHOULDER INSTABILITY IN CONTACT SPORTS Session Chair: Dr Edel Fanning Surgical Decision Making in Shoulder Sports Injuries - Mr Carlos Cobiella Return to Rugby Post Shoulder Stabilisation: Are We Doing Well Enough? - Dr Edel Fanning Components of Rehabilitation for the Contact Athlete - Mr Matthew Rees In-Season Management of the Unstable Shoulder - Mr Ben Stirling	MSK & RHEUMATOLOGY - A JOINT APPROACH Session Chair: Dr Dan Brooke Rheumatology and Sports Injury - A Team Approach: How the Spondylarthropathies Mimic Sports Injuries - Dr John Etherington, Dr James Noake, Mr Cameron Siandri
15:30 - 16:00	Coffee Break - Royal Armouries Hall	
16:00 - 17:00	KEYNOTE - BREAKING BOUNDARIES: LOOKING BACK TO MOVE FORWARD IN SEM - Dr Charlotte Cowie	
17:00	Conference Close	

	Female Athlete Health - Stream 3 📍 Newsroom - Level 4	Workshops, Awards & More 📍 Pearl Suite - Level 1, Mobile Lab - Courtyard, Barton Suite - Level 1
07:30 - 08:00	CONFERENCE RUN - 5KM starting and ending in conference venue courtyard	
08:30 - 10:00	Day 2 Badge Registration (New Dock Hall) and Coffee (Royal Armouries Hall)	
08:45 - 09:45 Morning Workshops	BRA-VO! WHAT SHOULD SPORTS MEDICINE PRACTITIONERS KNOW ABOUT BREASTS AND BRAS? Facilitated by: Prof Joanna Wakefield-Scurr, Dr Rose Johnston With thanks to Tiger's Eye	FROM STATIC TO DYNAMIC: LIVE HAMSTRING ULTRASOUND WITH PROBEFIX FOR SAFER RETURN TO PLAY Sponsored by: Usono Facilitated by: Dr Marwan Al-Dawoud Pearl Suite - Level 1
10:00 - 11:00	KEYNOTE - THE FEMALE ATHLETE IN TRAINING: FROM BODY FAT TO ENERGY DEFICIENCY - Prof Kirsty Elliott-Sale & Prof Karen Birch	
10:00 - 10:50	Coffee Break - Royal Armouries Hall	
11:30 - 13:00 Session 1	BEYOND THE GAME: TACKLING PELVIC HEALTH & FERTILITY CHALLENGES IN FEMALE ATHLETES Session Chair: Dr Linda Evans, Dr Camilla Nykjaer Fertility in a Female Athlete - What is the Right Approach? - Dr Jen Barcroft Beyond RED-S: Unpacking Gynaecological Problems in Female Athletes - Dr Kate Panter Pelvic Health and the Role of the Physiotherapist - Dr Gráinne Donnelly	11:30 - 13:00 WORKSHOP REHABILITATION CONSIDERATIONS IN ATHLETES WITH ATHLETIC HIP AND GROIN PAIN Pearl Suite - Level 1 Facilitated by: Dr Enda King, Mr Dermot Simpson
13:00 - 14:00	Lunch - Royal Armouries Hall	
	13:15 - 13:45 WORKSHOP WOMEN IN SEM (Lunch provided on level 1)	13:15 - 13:45 CSER BINGS MEETING Pearl Suite - Level 1 (Lunch provided on level 1)
14:00 - 15:30 Session 2	PANEL DEBATE - ELEVATING HER GAME: INNOVATING HEALTH STRATEGIES FOR FEMALE ATHLETES Session Chairs: Ms Sally Kettle, Dr Linda Evans Panel Includes - Prof Kirsty Elliott-Sale, Dr Pumi Senaratne, Dr Nigel Jones, Ms Emma Brockwell, Dr Guy Evans, Ms Lizzie Deignan MBE OLY	14:00 - 15:30 WORKSHOP ACCELERATING RETURN TO PLAY USING SPRINT-SPECIFIC FORCE, EMG, AND DYNAMIC ULTRASOUND FOLLOWING HAMSTRING INJURY Pearl Suite Level 1 Sponsored by: HRIG Facilitated by: Dr Martin McIntyre 14:00 - 15:30 AWARDS PRESENTATON Barton Suite - Level 1 Facilitated by: Dr Stefan Kluzek Includes Abstract Award Presentations & PACC Award Presentations
15:30 - 16:00	Coffee Break - Royal Armouries Hall	
16:00 - 17:00	KEYNOTE - BREAKING BOUNDARIES: LOOKING BACK TO MOVE FORWARD IN SEM - Dr Charlotte Cowie	
17:00	Conference Close	