

Patella – Related Injuries

Learning Objectives

- Important clinical features to consider in differentiating the common causes of patella-related injuries (focused on patella dislocation/instability, patella fracture, patella-femoral pain syndrome and patella-ligament tendinopathy)
- Brief introduction to the anatomy of the patella
- Aetiology related to the pathologies listed above
- Investigations that can aid with diagnosing the cause of patella-related pain
- Management of the common patella-related injuries