

Knee Cartilage and **Meniscal Injuries**

LearnSportsMed



Learning Objectives

- **Common mechanism of injuries for knee cartilage and meniscal injuries**
- **Difference between acute and degenerative meniscal lesions**
- **Brief introduction to the anatomy of the menisci and knee cartilage**
- **Important clinical features to consider in differentiating meniscal injuries and knee cartilage injuries**
- **Awareness of meniscal tear types and location when considering appropriate management options**
- **Brief introduction to the articular cartilage injury classification**
- **Conservative and surgical management of meniscal and knee cartilage injuries**