

Medial & Lateral Elbow Injuries

LearnSportsMed



Learning Objectives

After reviewing this resource a student/practitioner will be able to:

- Identify important clinical features that help differentiate between different causes of medial and lateral elbow pain.
- Recall the basic anatomy of the elbow.
- List the key differentials of medial and lateral elbow pain.
- Describe specific clinical tests that can be used to help determine the cause of medial and lateral elbow pain.
- Recall different clinical investigations for medial and lateral elbow injuries and describe the indication for these.
- Describe how to manage common medial and lateral elbow injuries.